Theorem 1. Every natural number is even or odd.

Proof. We use the method of smallest counterexample to show that it is impossible for a natural number to be neither even nor odd. Suppose that there is a natural number that is neither even nor odd. Then there must be a smallest natural number that is neither even nor odd. Suppose that y is this natural number.

It is not possible for y to be 1, because we know $1 = 2 \times 0 + 1$, so by the definition of oddness, 1 is an odd number. Since $y \neq 1$, we know y > 1 so y - 1 > 0; thus y - 1 is a natural number. We assumed that y was the smallest natural number that was neither even nor odd. Since y - 1 is a natural number, this means y - 1 must be even or odd. We consider these possibilities separately.

If y - 1 is even then y = (y - 1) + 1 is the sum of an even integer and an odd integer, so y is odd. This contradicts the assumption that y was neither even nor odd.

On the other hand, if y - 1 is odd then y = (y - 1) + 1 is the sum of two odd integers, so y is even. This also contradicts the assumption that y was neither even nor odd.

Either way, we obtained an unreasonable conclusion. Thus our original assumption, that there was a natural number that was neither even nor odd, must have been impossible. $\hfill \square$

Proof. We prove that every natural number n is even or odd by strong induction on n.

BASE CASE: n = 1. We know that $1 = 2 \times 0 + 1$ so 1 is odd, by definition of oddness.

INDUCTION STEP: n > 1. We assume for the sake of induction that we already know every natural number m < n is either even or odd and we use this to prove that n is even or odd. Since n > 1, we know n - 1 > 0, so n - 1 is a natural number. Therefore, by the inductive hypothesis, n - 1 is either even or odd. If n - 1 is even then we observe that n = (n - 1) + 1, so n is the sum of an even number and an odd number, hence is odd; if n - 1 is odd then n = (n - 1) + 1 is the sum of two odd numbers, hence is even. Either way, n is an even number or an odd number, which is what we had to show.

By strong induction, we may now conclude that every natural number n is even or odd.

Proof. We prove that every natural number n is even or odd by induction on n.

BASE CASE: n = 1. We know that $1 = 2 \times 0 + 1$ so 1 is odd, by definition of oddness.

INDUCTION STEP: n > 1. We assume for the sake of induction that we already know n - 1 is either even or odd. If n - 1 is even then we observe that n = (n - 1) + 1, so n is the sum of an even number and an odd number, hence is odd; if n - 1 is odd then n = (n - 1) + 1 is the sum of two odd numbers, hence is even. Either way, n is an even number or an odd number, which is what we had to show.

By induction, we may now conclude that every natural number n is even or odd.